



# ***Team Respect***

## ***Challenge***

### ***Is Your Team Ready for the Team Respect Challenge?***

Is your team united around the common goal of being the best you can be? Is the contribution of every team member valued? Are teammates there for each other? Do you have each other's back, in and out of competition? Do you treat all members of your team with respect? Do you believe that the diverse makeup of your team makes your team stronger? If so, your team is ready for the Team Respect Challenge.

### ***What Does Taking the Team Respect Challenge Have to Do with Being a Winning Team?***

Winning teams are united around a common bond of striving for excellence. Each team member plays a key role in reaching team goals. When every member of a team is valued, respected and feels included as a contributing member, the team will play better and be a more cohesive unit. Team respect brings a winning edge. Is your team ready to take the Team Respect Challenge?

### ***What Does It Mean To Take The Team Respect Challenge?***

- Making a strong public team commitment to live the values of respect and inclusion for all team members, across differences such as race, sexual orientation, gender identity/expression or religion.
- Taking the Team Respect Challenge requires leadership and commitment from everyone on the team.
- Believing that Team Respect is a winning strategy: When all team members are respected, they perform to their highest potential.
- Treating all teammates with respect.
- Avoiding language that puts someone down because of differences such as race, sexual orientation, gender identity/expression or religion.
- Reminding teammates that name-calling and bullying are "not OK on our team."
- Setting an example of Team Respect for opposing teams, fans and other students in your school.

### ***Take the Team Respect Challenge***

- Talk to your coach about setting aside some time to talk to your team about the Team Respect Challenge.
- Talk to your team about the Team Respect Challenge: What it means, how they can commit to Team Respect principles. What it says about your team to take the Team Respect Challenge.
- Have your team sign the Team Respect Pledge.
- Send the GLSEN Sports Project a copy of your signed pledge and your team photo. We'll post your team photo on our web site in our gallery of Team Respect Teams.



## ***Team Respect Challenge***

We'll send Team Respect Challenge wrist bands for your team and Safe Sport Space stickers to post in your locker room and coach's office. We'll also send your coach a Team Respect Challenge certificate to post in her or his office and a Changing the Game T-shirt.

### **Send your team pledge and team photo to:**

**Changing the Game: The GLSEN Sports Project**  
90 Broad St 2nd Floor  
New York, NY 10004

Or

**sportsproject@glsen.org**

Or

Take the pledge online at **sports.glsen.org**

### **Include the following information with your team pledge and photo:**

Your School Name \_\_\_\_\_

Your School Mailing Address \_\_\_\_\_

Your Team's Sport \_\_\_\_\_

Your Coach's Name \_\_\_\_\_

Your Email Address \_\_\_\_\_

